

JUNE NEWSLETTER

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100 for 100

- #3004** Tiffany Gleaton, Labreshia Guinyard and Michelle Kratzer \$100
#6004 Kelly Lopez, Hazel Rice and Michelle Kratzer \$100
#2027 Linda Harris, Randy Powell and Jennifer Corey \$100

Referral Bonus

- #2018** Ann Gonzalez

Fast Food Employees of the Month



Dominique Johnson's Area:

Full-time: Reta Rambaud - B. Neck Subway
 • Always willing to help with other stores as needed

Part-time: Kirsten Bacchus - B. Neck Subway
 • Works hard to make sure store stays stocked and cleaned

Crystal Church's Area:

Full-time: Kadence Thomson - Walnut Grove Subway
 • Always eager to work, very dependable hard-working employee.

Part-time: Christian Furgess-Irby - Cross Anchor Hardees
 • Very hard worker and very dependable.



Name	Division	Location	Award
Christie Grenn	APRIL MANAGERS OF THE MONTH		2026
Kelly Nash	Div II	2019 Laurens	April 2026
Elizabeth Towery	Div III	2035 Landrum	April 2026
Wendy Pitts	Div IV	8001 Arch Street	April 2026
Chyenne Smith	Fast Food Division	1609 Eutawville Subway	April 2026

From the President's Desk

Clean, Fast & Friendly! Its not just a slogan. It is our competitive advantage in an industry dominated by the large chains like 7-Eleven, Circle K, QT & more! It takes the efforts of our entire team to make us successful and your hard work every day makes a difference.

We have many positive developments in the stores in the past year with the refreshes & remodels that we have been able to do and have more new developments planned in the next year. I will keep you posted on exciting projects coming up in the months ahead.

Fast, Friendly & Clean!

Harvey Hicks



June Birthdays

ABDUL-RAHIM, SHARIAH	2306	MIZE, ELIZABETH	3005
ADAMS, LINDA	2042	MOONEY, WILLIAM	3005
BANAG, VILMA	5004	MORGAN, CHRISTOPHER	6005
BISHOP, DIANE	1103	NICHOLS, TYLER	2011
BOYD, KELLY	5004	PEARSON, HANNAH	2305
BROWN, ANIYAH	6005	PHILLIPS, SHANDREA	2005
BROWN, CANDICE	6004	PITTS, WENDY	8001
BRYANT, HAYLEE	2011	PORTER, DONNA	2042
BYRD, LEONARD	6004	REVIS, JORDAN	2022
CADERNO, JANET	2988	RICHEY, NAVEAH	2309
CASSELS, FUSHIA	2999	ROBINSON, DIAMOND	6007
CHANTHALANGSY, VANNALEI	2303	ROSE, LARRY	5001
CORREIA, ADAM	6007	ROSE, PHILIP	8001
COX, CRYSTAL	2009	SANDERS, JHAYMARIA	3004
CROSS, MICHAEL	2010	SCHULTZ, CAITLIN	2011
DURBIN, DAN	2999	SCHWIETERS, ELANN	4002
ECHEVARRIA, DEVIN	5002	SERRATO, JESSICA	8001
ELLIS, BARNITA	3005	SMITH, BARBARA	4004
ENGLAND, JAMISON	2991	SMITH, NATALIE	1607
GRUBER, BAYLAN	1608	SMITH, PHILLIP	2996
HALL, SONYA	1607	SNEED, BARBARA	2008
HARVEY, ZACHARY	4004	STOVER, KRYSTAL	2043
HAVILAND, HEATHER	5003	SUMMERS, MARY	1608
HERRERA, HENRIETA	5004	SUTTRICH, SHERRY	2008
HUFFMAN, JESSE	4004	TALBERT, JANNA	2305
INGHAM, HENRY	5004	TAYLOR, BRANDY	4005
JACKSON, MARIYAH	2306	THOMAS, CIVILLA	2019
JORDAN, LYNN	2985	TRAVERS, ALEXANDER	6005
JORDAN, ROB	2989	TUCKER, WHITNEY	6007
LANSING, BRODY	2309	TURNAGE, MORAYAH	2309
LIVINGSTON, JARRELL	2308	TURNER, CANDIE	2011
MARK, JULIA	2009	VIEIRA, MICHELLE	1201
MARTINEZ, STEPHANIE	2035	WAHL, DREW	5004
MEANS, SATOYA	2042	WEST, DAMIEN	6004
MENDOZA, BRIANNA	2028	WHITE, JOAN	6005
MESSER, RODGER	2025	WHITTLE, TIMOTHY	1201
MILLER, BRANDON	1103	WILLIAMS, CHAUNTAVIA	3004
MISENHEIMER, JEANNIE	6002		

Employee Spotlight

Sherman “Tank” Thomas

Sales Associate

Sherman ‘Tank’ Thomas has been with Hot Spot for 6 years. Tank works the overnight shift and is known for his salesmanship — he knows all his customers by name. He has an infectious personality and brings it every day! He is also a HUGE Steelers fan. Tank is known for winning many sales contests. He adores his children and his stepchildren, and has a very special relationship with his Momma in VA.



EMPLOYEE SPOTLIGHT

Amy Green



Amy Green has worked at Subway for 19 years. She is married with 3 children and grandchildren. Her hobbies include reading, karaoke, and fishing.

May Employees of the Month

Great Job and Congratulations to the employees listed below

Hot Spot EMPLOYEE OF THE MONTH



Andy's Area

2003 SAM SMITH
2011 JUMUND RICHARDSON
2013 LATISHA ARMSTRONG
2018 SARAH AIKEN
2035 CAVIN RICHARDS
3005 BRIAN WESTFALL
4005 JESSICA HOFFMAN
5003 TROY CREASMAN
6002 JOSHUA DAVIDSON



Amanda's Area

1102 SABRINA RICHMOND
2008 KAREN PORTER
2025 FLADIMIR GARCIA MENDOZA
2032 MICHELLE TAYLOR
5001 ERNIE ROBINSON
5002 EMILY INGHAM
5004 HENRY INGHAM



Debbie's Area

2005 WILLIAM CURRY
2010 MELINDA RIVELL
2017 KATHY HICKS
2019 BOWDRIE LITTLE
2042 LANA PHILLIPS
2043 KRYSTAL STOVER
6004 STEPHANIE RITENBURG
6007 JESSICA ADKINS



Jennifer's Area

1103 Michael Grant
1601 Larry Evans
1607 Kandice Toth
2021 Candice Wilber
2024 Luis Rojas
2027 Jennifer Beatty



Michelle's Area

1201 Ashley Gillespie
2009 Cammie Vivanco-Hernandez
3004 Keisha Gibbs
4002 Lisa Chadwick
4004 Barbara Smith
8001 Jessica Serrato



TOOLBOX TALK

RESTROOM SAFETY: PREVENT SLIPS & FALLS



- **CLEAN SPILLS QUICKLY**

Report leaks and spills. Use caution signs.



- **WEAR PROPER FOOTWEAR**

Closed-toe shoes with slip-resistant soles.



- **HANDWASHING STATION**

Ensure floors are dry near sinks. Do not splash water.



- **VENTILATION & LIGHTING**

Maintain good ventilation and adequate lighting. Report any issues.



- **OBSTRUCTION-FREE AISLES**

Keep walkways clear. Report loose tiles or floor damage.



- **PPE REMINDER**

Wear appropriate PPE when cleaning (if applicable to task).



- **REPORT ANY HAZARDS IMMEDIATELY!**

Report spills, broken fixtures, or uneven flooring to supervision or facilities maintenance. Take action to warn others.



May/June Contest Items

**2 for
\$12**

3.25oz Bag



**BUY 2, GET 1
FREE**

12oz

with
Rewards



**2 for
\$3**

Regular Size



**ONLY
\$8.99**

2.5 - 3oz Bag



1 Cashier Winner for each of the 4 Divisions \$500.00 per item.
1 Store Manager Winner for each of the 4 Divisions \$250.00 per item.
Overall District Manager Winner for each contest \$250.00 per item.

EAP



The Hartford Employee Assistance Program (EAP) – For All Employees & Family Members

Are personal problems affecting your focus and performance at work?

You are not alone. The EAP offers services to help you deal with personal problems you may be facing.

What does the EAP cover?

- Substance abuse
- Stress management
- Financial problems
- Divorce/marital problems
- Crisis intervention
- Legal problems

EAPs offer education, awareness and counseling services to help you with your problems.

And your participation in the program is strictly confidential and free.

Contact your HR department for more information.

To start getting help today call:

1-800-964-3577

www.guidanceresources.com

First time users click register

Organization Web ID: HLF902

Know Your Company's Values



Are you aware of your employer's core values? Values shape a work culture, wow customers, help an organization compete, and may influence the world at large. Some of your most well-respected peers likely reflect the employer's core values. Value statements typically apply to everything a company does but understanding how they apply to your job may elevate your position and advance your career. And taking them to heart can help you be more engaged or even influence promotions.

THE COMPANY'S MISSION STATEMENT

The goal of RL Jordan Oil Company, Hot Spot stores, and our restaurants is to provide our customers with excellent and convenient service, a clean, safe and pleasant environment and quality products at competitive prices for the purpose of building a profitable business. Furthermore, it is the Company's intention to strive to provide satisfying and rewarding employment believing that satisfied employees will result in satisfied customer.



CELEBRATE NATIONAL SMILE MONTH!



PROTECT YOUR SMILE, SHARE YOUR JOY!



1 BRUSH TWICE A DAY



Brush twice a day
for 2 minutes.

2 FLOSS DAILY



Floss daily to remove
food particles.

3 EAT HEALTHY FOODS



Enjoy fruits,
veggies,
whole grains,
and water.

4 VISIT THE DENTIST

Schedule
regular
check-ups
and
cleanings.



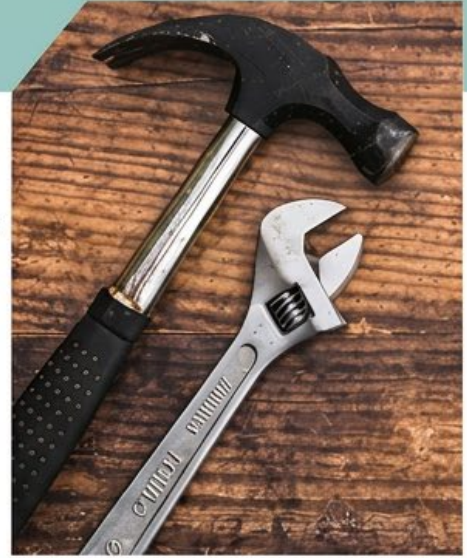
FOUR REASONS YOU'RE BOUND FOR A LIFETIME OF SMILES!

MAY 13 - JUNE 13, 2025
www.smilemonth.org

How to Fix Your Day

Experiencing a negative event can disrupt your day, causing your previously uplifted mood to seemingly vanish. Take these actions to restore your positive mindset:

- 1) Admit things have been thrown out of whack and your feelings are normal.
- 2) Attempt a short "geographic" change (like a walk outside to change visuals away from the scene of the event).
- 3) Identify negative thoughts reverberating from the event.
- 4) Challenge the negative thoughts to disrupt their effects.
- 5) Identify positive thoughts to make #4 a speedier step.
- 6) Focus on what you can control—reaction, perspective, prevention, improvements, boundaries, self-care, etc. This gives you a constructive outlet to match your need to respond.
- 7) Plan a good thing or two—events, experiences, and treats—to rebalance the day.
- 8) Need support? Reach out to that friend to vent.
- 9) Find the lesson. Discover or consider what positive outcome exists indirectly or directly because of the event?)
- 10) Celebrate that you fixed your day!



Stay Safe on a Bicycle

Each year, about 1,000 deaths occur from bike accidents, and most happen because traffic rules weren't followed. Spring begins a surge in bicycle riding, so it's smart to consider tips you may not have heard of before to help you stay safe.

Safety is maximized during night riding when lights can be seen from both ends of your bicycle. Have one blinking to attract attention and a separate one that is steady on. This allows other road users to gauge your distance.

In addition to proper lighting, wearing reflective clothing and using hand signals are also crucial for safe biking.

Remember, staying visible and predictable on the road can significantly reduce the risk of accidents, ensuring a pleasant and secure ride for everyone.

Mental Decluttering

Mental clutter is overpowering stress created by the daily demands of modern life, our multiple roles, to-do lists, thoughts, emotions, responsibilities, and the constant influx of information. Enter the self-help concept of decluttering to reduce stress, improve concentration, enhance creativity, and cultivate a greater sense of well-being.

Mental decluttering is about creating space for what truly matters and letting go of what no longer serves us mentally and emotionally.

Signs indicating the need for mental decluttering include difficulty concentrating, experiencing a lack of creativity, and feeling disconnected from a positive sense of well-being. The practice of mental decluttering may involve various techniques, such as mindfulness meditation, journaling, prioritizing tasks, setting boundaries, and letting go of negative thoughts or emotions.





JUNE 19, 1865

JUNE 19, 1865

JUNETEENTH

**CELEBRATING FREEDOM
RESILIENCE & COMMUNITY**

**HONORING OUR ANCESTORS
BUILDING OUR FUTURE**

Juneteenth, holiday observed annually on June 19, commemorating the end of slavery in the United States. A combination of the words June and nineteenth, the holiday, also called Freedom Day, has been celebrated since 1866 and is considered to be one of the oldest continuing African American holidays. On June 17, 2021, Pres. Joe Biden signed legislation to make Juneteenth a federal holiday.

MELANOMA: KNOW THE RISK, PROTECT YOUR SKIN



THE ABCDEs OF MELANOMA



a: Asymmetry
Asymmetry and irregular coloring



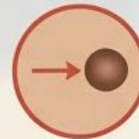
b: Border
Concern for irregular, uneven border



c: Color
Color, eyes, color, color, and color



d: Diameter
Diameter 2 mm or greater



e: Evolving
Evolving is more for evolving than evolving over time

PREVENTION TIPS



1. APPLY BROAD-SPECTRUM SPF 30+ SUNSCREEN
(Generously & Often)



2. SEEK SHADE
(especially 10am-4pm)



3. WEAR PROTECTIVE CLOTHING
(Hats, Sunglasses)



4. AVOID TANNING BEDS

STAY SUN SAFE. CHECK YOUR SKIN MONTHLY. CONSULT A DERMATOLOGIST.

Early detection saves lives.

LEARN MORE AT: www.skincancer.org

#MelanomaAwareness #SunSafety



Ruffles, PB&J & Sourdough: Late-Night Snack Hack

Late-night Snack Hack: Ruffles + PB&J on Sourdough

Craving a quick, satisfying late-night bite? This hack layers Ruffles potato chips with classic peanut butter and jelly between slices of sourdough bread for a crunchy, sweet, and salty sandwich that's amle to and bod in flavor.

What you need

- 🍞 Sourdough bread (two slices)
- 🥜 Peanut butter (your choice of smooth or crunchy)
- 🍇 Jelly or jam (grape, strawberry, or preferred flavor)
- 🍟 Ruffles potato chips (any flavor, original recommended for balance)

How to assemble

1. Spread a generous layer of peanut butter on one slice of sourdough.
2. Spread jelly on the other slice.
3. Add a handful of Ruffles chips on top of the peanut butter—press gently so they stay in place.
4. Close the sandwich, press lightly, and slice if desired.

Taste and texture notes

- Crunch: Ruffles add a pronounced crunch that contrasts the soft sourdough and smooth peanut butter.
- Sweet-salty balance: The salty chips and savory peanut butter offset the jelly's sweetness, creating a balanced bite.
- Bread choice: Sourdough provides a sturdy, tangy base that holds the fillings without becoming soggy quickly.

June Gardening Tips



Water smart: Deep-water early morning 2–3x/week to build strong roots.



Mulch for heat: Add 2–3 inches of mulch around plants to hold moisture and reduce weeds.



Stay on top of weeds: Pull right after watering or rain while soil is soft.



Watch for pests: Check leaves weekly for aphids, caterpillars, and spider mites.



Keep it blooming: Deadhead flowers and harvest veggies often to encourage more growth.

